

FOUNDATIONS OF NEW THOUGHT *With Rev Shannon Vecere.*

Dates: 10 consecutive Tuesday evenings (7 – 9:15 p.m.) February 6 – April 10.

Medium: Skype class.

Course fee: £18 per class + £15 for extensive work book. 10% discount if paid in full by February 2, 2018. PayPal or Internet Banking.

Course Description:

This is the introductory course to the New Thought Spiritual philosophy and provides an in-depth look at the teachings of Ernest Holmes (author of the book *The Science of Mind*) and other teachers including Joel Goldsmith, Emma Curtis Hopkins, Emmett Fox and Joseph Murphy. These teachers influenced all the well-known and beloved spiritual authors of today including Louise Hay, Gregg Braden, Wayne Dyer, and Doreen Virtue.

FOUNDATIONS is a 10-class experiential course which provides a comprehensive perspective of the core concepts of Science of Mind and teaches us how to move beyond what seems to be, and to learn proven methods to change our lives permanently for the better. We look at:

- ✓ improving our financial abundance,
- ✓ increasing health and wholeness,
- ✓ moving from fear into faith,
- ✓ living in the flow of joy and gratitude,
- ✓ the creative process
- ✓ developing and using effective affirmations and affirmative prayer,
- ✓ the 12 basic spiritual practices,
- ✓ forgiveness,
- ✓ and so much more.

**To register, and for all enquiries, please email
info@somlondon.com**