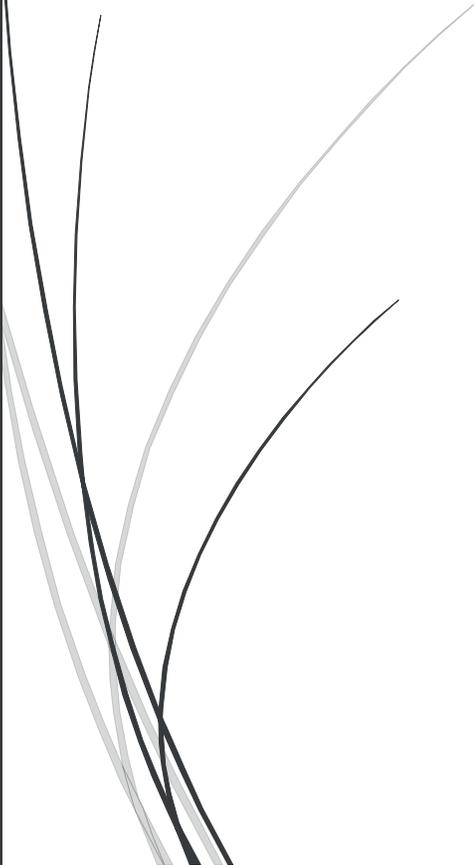


1/1/2018

# Information

SOM London



## WELCOME

You're reading this because you're searching. But what, exactly, is it you're looking for?

Is it the path to a greater sense of happiness and fulfilment?

Is it to find your true self that's expressing total bliss in a dream job, financial security or perfect health?

Or is it because you instinctively know that life means more than what you're currently experiencing?

Whatever it is that you're seeking, intuitively you've been led to our website so let me tell you what we offer and how we can help you reveal the potential that is within you.

Through our many self-development courses we teach a philosophy, a practical way of living based on the insights and teachings of luminaries such as;

- Catherine Ponder, Louise Hay, Neville Goddard, Phineas Quimby, Ralph Waldo Emerson
- Raymond Charles Barker, Thomas Troward, Wayne Dyer, Emmett Fox, Eric Butterworth
- Ernest Holmes, Florence Scovel Shinn, Joseph Murphy, Joel Goldsmith

We are not a religion, but we explore and focus on spiritual truths that weave their way through the greatest philosophies and religions of the world. Our curricula include ways of advancing through each of the four corners of life (health, wealth, relationships and expression) and cover the whole gamut of ancient wisdoms, New Thought teachings, metaphysics and quantum mechanics.

We offer a unique educational program designed to transform, nurture and integrate every aspect of your personal, professional and spiritual growth. The goal is to tap into the genius that's within you, to find and follow your bliss, and to experience the life of your choice.

Our vision is for a world that works for everyone - one where poverty, hunger, homelessness, disenfranchisement and war no longer prevail; where forgiveness, compassion, non-violence, respect and generosity of resources are the norm.

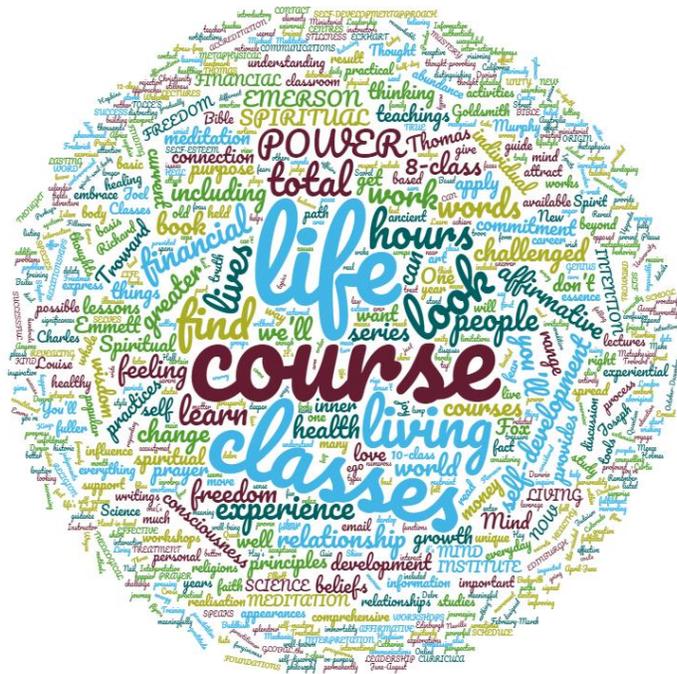
But, as Mahatma Gandhi said, we first need to be the change we want to see in the world. And that is the essence of what we offer - the tools of internal change to transform our lives. You get practical solutions to life's everyday challenges. Let's face it, we're all looking for greater success and happiness in areas such as health, prosperity, relationships, work and self-expression.

The aim for each of us is to enjoy a more fulfilling, happier, healthier and prosperous life. You'll experience transformation. As Dr. Ernest Holmes, Founder and author of *The Science of Mind* advised, to change our lives we must change our thinking; "to think, act and believe in terms of what we do want, rather than to think about what we don't want". Transforming lives to enjoy a greater sense of peace, health and prosperity is our core message. It's the essence of our teaching.

"You are on the most interesting quest the human mind has ever made, the discovery of the Life Principle, the way it works and your relationship to it. You are about to make the greatest discovery of your life, which is how to use the creative power of your thought for definite purposes; purposes which will benefit you, your family and your friends".

Dr. Neil A. Mence,

Director



SOM  
LONDON

JANUARY 2018

## PRACTICAL INFORMATION

## WITH YOU IN MIND

### ***THE FOUNDATIONS OF NEW THOUGHT AND SCIENCE OF MIND***

This is the introductory course to the New Thought Spiritual philosophy and provides an in-depth look at the teachings of Ernest Holmes (author of the book *The Science of Mind*) and other teachers including Joel Goldsmith, Emma Curtis Hopkins, Emmett Fox and Joseph Murphy.

It's a 12-class experiential course (36 hours in total) which provides a comprehensive perspective of the core concepts of Science of

Mind and teaches us how to move beyond what seems to be, and to learn proven methods to change our lives permanently for the better. We look at improving our financial abundance, increasing health and wholeness, moving from fear into faith, living in the flow of joy and gratitude, the creative process, developing and using effective affirmations and affirmative prayer, the 12 basic spiritual practices, forgiveness, and so much more.

### ***THE POWER OF YOUR WORD***

How much power and influence do our words and thoughts have? Would it surprise you to know that everything in our life - including the things we say we don't want, are the result of our believing thoughts? How do we change our thinking and how do we choose words that are affirmative and will attract what we do want, rather than what we don't want? That is the essence of this 7-class (21 hours in total) course in which we look at the wonderful writings of Florence Scovel Shinn.

***YOU CAN HEAL YOUR LIFE***

In this course we reach a greater understanding of the connection between our mind and our body and the important part that consciousness plays in the healing process. A whole range of topics related to health and well-being are considered such as how emotional states influence our body, beliefs regarding diseases and illnesses, the Spiritual healing of a physical condition, the connection between spirit-soul-body, and who we really are, as opposed to who we think we are. The course involves 24 hours discussion and classroom work spread over 8 classes. Louise Hay's work is used as the basis for discussion periods.

***FINANCIAL FREEDOM***

One of our most popular courses, FINANCIAL FREEDOM helps us to develop the feeling of freedom so that we can experience and express ourselves without the limitations or restraint of worry about money. We deepen our relationship with prosperity, look at our beliefs about money, and come to understand that financial freedom means order, balance and

abundance in our financial affairs. It doesn't mean just having enough money to barely scrape through life with! The information provided during the 24 hours of this 8-class course will change your life forever.

***HEALTHY RELATIONSHIPS***

How do you get on with other people? Do you lump them into groups of those you don't like, can't stand, or find irritating? How do you get on with yourself? In these classes we look at healthy relationships by first considering the most important relationship we'll ever have - the one we have with our self. This includes a study of our self - esteem and self - respect and then looks at our connection with other people - family, friends and those with whom we interact at work or in a social setting. Three classes for a total of 10 hours.

***THE POWER OF NOW***

ECKHART TOLLE'S books STILLNESS SPEAKS and THE POWER OF NOW form the basis of this 6-week course on journeying within to tap our inner splendour. Meditation, affirmative prayer and the ancient secrets of

stillness are studied and practiced on this course.

***SCIENCE & RELIGION***

In this unique series of 10 classes (30 hours in total) we'll enter the world of Quantum Mechanics, investigate the works of Stephen Hawking and Richard Dawkins, and study the 6 main religions (Buddhism, Christianity, Daoism, Hinduism, Islam, and Judaism) as well as the historic religions of the aboriginal peoples of Australia, Asia and Africa.

***SELF - MASTERY***

This extensive 8-class course provides a detailed overview to explain how things get to be the way they are. Classes included thought-provoking lessons on consciousness (thought, emotion, feeling, ego), self-esteem, healthy relationship, immortality, faith and commitment, and show how we can integrate self-mastery into every area of our lives.

***MEDITATION AND AFFIRMATIVE PRAYER***

Learn and experience 8 of the basic types of meditation so that you can determine which one(s) work best for your personality and lifestyle. Hand-in-hand with

meditation we delve into the world of affirmative prayer where we learn the essence of Spiritual Mind Treatment for ourselves and for others. In this 10-class course we learn how to relax and experience a fuller and more meaningful life, as well as the art of removing ourselves from distracting sounds, activities and confusion while we focus our attention inwardly in a receptive and listening manner.

### ***SUCCESSFUL LIVING***

How do you cope with life's problems? Do you sometimes feel that you're living in the middle of a storm and that everything possible is going wrong? Perhaps it's a severe health challenge or a financial problem. Are you feeling fulfilled? How do you deal with things such as rejection, fear or anger? How do you find your purpose in life, or the right career path? How do you find what your 'bliss' is?

In this 8-class course we consider **LASTING SUCCESS** through a series of lessons in practical living. Each is designed to guide us on our own personal voyage of self-discovery, personal development and inner change. These are the

constituent elements of successful living and on this journey we'll be looking at a whole range of issues which affect our everyday lives. This course is, in fact, a comprehensive guide to self-development and to living life more fully and meaningfully. The course is based on the book of the same name by Dr. Neil Mence.

### ***POWER OF INTENTION***

A great 8-class (24 hours in total) course on practical living which spans the many faces of intention. We learn the art of authenticity and letting go of ego, how to live a stress-free life and how to apply principles to living a life of purpose so that we attract the right work and relationships. In **THE POWER OF INTENTION** we uncover and express our individual genius which is the truth of our being. This course is based on the works of Frederick Bailes and Wayne Dwyer.

### ***METAPHYSICAL BIBLE INTERPRETATION***

Ignite your life through Metaphysical Bible Interpretation. Have fun in this interactive 10-class course and learn how to interpret and read the Bible metaphysically. Through its lessons, awaken to the love, acceptance and wisdom available to you. Reveal and

heal old beliefs, judgements and fears and apply these ancient teachings to your everyday life creating more freedom, purpose, love and joy. Based on the writings of Charles Fillmore, Emmett Fox, Thomas Troward, and Richard Elliott Friedman.

### ***THOMAS TROWARD –THE EDINBURGH LECTURES***

In 1859, Charles Darwin challenged conventional wisdom with his landmark and controversial book **ON THE ORIGIN OF SPECIES**. And then 45 years later, in 1904, Thomas Troward again challenged popular thinking through a series of lectures at Queen Street Hall, Edinburgh; lectures which would have a profound effect on the way we view the interaction between our thinking and what happens in our lives.

In this series of 8 classes we'll look at Troward's rationale for distinguishing between Spirit and matter, achieve a greater understanding of the unity of Spirit, and look at the two functions of mind and the law of growth. In the words of Thomas Troward, "We are accustomed to judge only by external appearances and by certain limited significances which we attach to words; but when we being to inquire

into the real meaning of our words and to analyse the causes which give rise to the appearances, we find our old notions gradually falling off from us until at last we wake up to the fact that we are living in an entirely different world to that which we formerly recognised.”

***WORKSHOPS:***

One day and half-day workshops in 2018 include:

- SELF-ESTEEM
- SPIRITUAL MIND  
TREATMENT
- MEDITATION
- EFFECTIVE  
COMMUNICATIONS
- REVEALING OUR  
GENIUS
- FINDING OUR TRUE  
SELVES

## ABOUT

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spiritual growth. The goal is to tap into the genius that's within you, to find and follow your bliss, and to experience the life of your choice.

### **We are The Centre for Positive Living London**

In addition to being Europe's largest New Thought and Science of Mind Centre we're also the international headquarters for EMERSON GLOBAL. With students representing over 40 countries we truly have a global presence.

### **We offer**

- 16 unique self-development master classes (both classroom and on-line).
- Spiritual leadership training: Practitioner training and Ministerial/Leadership Studies.
- Counselling services.
- One-on-one support and mentoring.
- Individual (i.e. one-on-one) courses.

### **Our commitment**

We're dedicated to personal and global transformation. Our classes, seminars and workshops focus on self-development and personal transformation thereby providing each person the opportunity to actively pursue their unlimited spiritual, emotional, intellectual and social potential. Our education goal is to teach and apply spiritual philosophy and age-old wisdoms in such an exciting way that each person can experience dramatic personal enhancements in their life experiences. Our teaching methods exemplify the best instructional models available for effective learning and all classes are designed to maximise the creativity of each student. Participatory learning precludes lecture-test methods as the cornerstone of instruction and incorporates collaborative learning techniques, experiential project development, student-driven formats, and goal-driven instructional methods. With this in mind, our learning environment takes on a new meaning and the classroom becomes not just four walls of the assigned room for instruction, but includes wherever

the student lives, works and travels. Self-development, personal growth, transformational outcomes are not limited to one sphere of life; change includes the whole package! All courses taught at The Centre for Positive Living are accredited through EMERSON GLOBAL, the international teaching arm of EMERSON INSTITUTE, California. In addition we are an affiliate of the Association of New Thought Network (ANTN) and Omni Science of Mind Europe.

### **Our instructors**

We call them Practitioners simply because they practice what they preach. In their business life they come from a wide segment of the business world and include a filmmaker, interior designer, teacher, marketing expert, photographer, actor and singer, fashion designer, author, senior executives, and a human resource specialist. Let's meet them:

Dr. Neil Mence, Director

Angelo Paragoso (Philippines).

Becky Philp (London).

Bindiya Chanai (London).

Sara Varela (Singapore).

Timoteo Fredianelli (Spain).

Tony Walker (Manchester).

Tyson Joseph (London).

### **Where we meet:**

Classes, seminars and workshops are held in space we rent at the University of London, approximately 6-7 minutes' walk from King's Cross or Euston mainline stations. Because of major building reconstruction at the location we've held for the past 8 years, we're currently being re-located to other parts of the university. Locations are provided in all advertisements and flyers sent out to announce upcoming events.

## SCHOOL OF SPIRITUAL LEADERSHIP

For those wishing to progress beyond individual self-development classes, we offer Instructor Training and Ministerial and Leadership studies through our SCHOOL OF SPIRITUAL LEADERSHIP.

### INSTRUCTOR TRAINING

Entry Requirements: Entry to our comprehensive Instructor (Practitioner) Training course first requires the successful completion of 162 hours of classroom instruction. Additionally, there are several reading assignments.

Mandatory courses are:

#### PHILOSOPHY AND THEORY (90 hours)

Introduction to New Thought (36 hours)

Treatment and Meditation (30 hours)

Thomas Troward – the Edinburgh Lectures (24 hours)

#### PRACTICAL APPLICATION (72 hours)

Successful Living (24 hours)

Financial Freedom (24 hours)

You Can Heal Your Life – The Mind-Body Connection (24 hours)

### READING REQUIREMENTS

Self-Reliance (Ralph Waldo Emerson)

Spiritual Economics (Eric Butterworth)

The Essential Ernest Holmes (Jesse Jennings)

The Art of Meditation (Joel Goldsmith)

## TRAINING MODULES

The Instructor Training is for 48 weeks over an 18-month period. Areas of instruction are covered by six Practitioner Modules which include:

### MODULE 1

Integrity.

Exploring Individual Creation.

Cause and Effect.

Investigating Early Influences.

Subjective influences.

Sexuality.

Addictions and their influences.

Exploring individual mind and its influences.

### MODULE 2

Using the creative process.

Choosing spiritual principles.

Creative mind and success.

The power of prayer.

The power of faith.

The power of love.

Oneness.

### MODULE 3

Religious diversity.

The sacredness of life.

Living in the light.

Living in freedom.

Living through change.

Living a life of trust.

Spiritual being/human experience.

Spiritual leadership.

## **MODULE 4**

The essentials of counselling.

## **MODULE 5**

The consciousness that heals.

Healing concerns and case histories related to health, prosperity, relationships, career and work, death and dying.

Practice, practice, practice.

## **MODULE 6**

Ethics and the consciousness of a practitioner.

Visioning and individual goals.

Success.

Case histories.

Review.

## **MINISTERIAL and LEADERSHIP STUDIES**

Ministerial and Leadership studies may commence after the completion of two years of successful Practitioner activities and community support.

Training includes a combination of coursework and EMERSON GLOBAL Centre-related activities. Required coursework involves a total of 27 classes plus 120 hours of Internship for a total of 525 hours as below:

### **COMPARATIVE RELIGIONS (30 hours)**

Mainstream/Western — Christianity, Judaism, Islam.

Mainstream/Eastern — Hinduism, Buddhism, Taoism.

Unconventional — Jainism, Baha'i, Sikhism, Confucianism.

### **METAPHYSICAL BIBLE INTERPRETATION (45 hours)**

Both the Old and New Testaments with emphasis on prophecies, historical textual accuracies, geological discoveries and spiritual relevance.

### **REBELLIOUS ROOTS OF NEW THOUGHT (30 hours)**

Transcendentalism: Emerson et al; Quimby, Troward, Hopkins, Christian Science, Divine Science, Unity, Religious Science.

### **CONSCIOUSNESS AS SOLE AUTHORITY** (30 hours)

Meditation, First Cause, Secondary Causation, Demonstration, Understanding Spiritual Laws, Faith, Healing, Abundance/ Opulence/Extravagance; Giving/Receiving, Grace and Graciousness.

### **EMERGING SCIENCE AND SPIRITUALITY** (15 hours)

Cosmology — Who are we? Where did we come from? Why are we here?

### **MYSTICAL SOUL** (45 hours)

Ancient Wisdom — Gnosticism, Essenes, Greek Philosophy.

Mysticism — Kabbalah, Sufism, Christian Mystics.

Indigenous Spiritualities — Native American/Shamanism, Celtic, Nordic, African, Pacific/Asian, Aboriginal.

Mythology — Gods and Goddesses, Archetypes/Tarot.

Channelled works.

A Course in Miracles.

### **DELIVERING THE MESSAGE** (105 hours)

Homiletics, curriculum development, teaching/training/facilitation, NLP in group settings.

### **OPERATIONS AND ADMINISTRATION OF MINISTRY** (30 hours)

Licensing, ethics, boards/leadership, congregants/participants/ volunteers, programs, outreach, music, finances/bookkeeping, fundraising, stewardship.

### **CEREMONIAL/RITUAL** (30 hours)

Traditional holidays, rites of passage, weddings, funerals/memorials, blessings/christenings, etiquette as visiting clergy.

### **PASTORAL CARE/COUNSELLING** (45 hours)

Death and dying, hospice, illness, addictions, support groups, life/marriage coaching, reframing/revealing, NLP rapport building skills.

### **INTERNSHIP** (120 hours)

Internships are concurrent program efforts, appropriately focused on the Centre's activities or community outreach programs.

(A detailed student-specific study program is developed for each individual ministerial and leadership applicant.)

Legal.

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